March 2024





"BUT I'M TOO EXCITED TO SLEEP!"

About 15-20 years ago, Disney World had a commercial that featured a family of four as they were preparing to spend several "magic-filled" days at one of their resorts. The night before they were to leave, one of the parents pokes

their head into the kids' bedroom to find they are still awake. "Go to sleep!" they say to the children. The youngest responds through teeth that couldn't hide his smile, "But I'm too EXSHCITED to SCHLEEEEP!" It was the single most adorable line in any advertisement I've ever seen.

We are part-way through Lent, journeying with Peter through the many phases and stages of his faith life, eagerly anticipating Easter. As we inch closer to that climax—the morning of the third day—we can



sense the tension building. Jesus is set toward Jerusalem despite the awful fate that awaits. His disciples aren't hearing what he's saying and are, over and over, saying what they should but failing to do what they should. The end is drawing near and the time is running short.

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Sunday, March 24th **Palm Sunday** John 12:12-16 "Songs of Loudest Praise" **Worship** 10:00 a.m.

Thursday, March 28th Maundy Thursday John 13:1-20 "Streams of Mercy" **Worship** 7:00 p.m.

Sunday, March 31st **Easter Sunday** Luke 24:1-12 "And I Hope" Worship 9:00 a.m.



a Sanctified art

Images fhe Revs. Lisle Gwynn Garrity, Nicolette Peñaranda, Lauren Wright Pittman,

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If you are fasting from something this Lenten season, you are finally getting into the rhythm of the fast, but the challenge is likely approaching the point of being more-than-distracting. The "winter" we've been experiencing is starting to get old. If there's snow, it's rarely enough to enjoy, and often enough to just make life difficult. "Pot-Hole Season" is prompting everyone to double-check their insurance coverage and give the Discount Tire flyer a once over before tossing it in the trash. The days are getting longer, but the dreary, wet, windy weather seems to negate any extra sunlight we might otherwise notice. ...but Easter is coming. It's almost here. Advent may end with Christmas holidays and gifts, but Lent ends with bright, sunny days, lilies in full bloom, and Daylight Savings. Everything is greener, new life is abundant, color returns to creation in all that blooms and springs forth from the earth. Easter is coming.

Easter is coming, friends! Some days may feel hopeless or depressing, reminders of grief and loss linger in the cold air and stripped-bare trees, but out of the seemingly hopeless days of winter and the discouraging stories from Holy Week comes the unexpected Good News of great joy for all: New life.

With all this anticipation, I'm too EXSHCITED to SCLEEEEP! May we find new life springing forth all around us – in Creation, in our own lives, and in our community and community of faith!



Young Adults Pizza Church will meet Tuesday, March 12th at 6:00 p.m. at Jockamo's. Contact Rev. Wilson if you have any questions.

Rev. Dr. Jon Reinink

THANK YOU TO OUR ELDERS, TRUSTEES, AND DEACON CLASS OF 2024!

The following individuals have served our IPC congregation faithfully with compassion, witness, and service for three years. This month they will rotate off and we will welcome a new class of Elders, Trustees, and Deacons. These individuals have been welcoming and helpful faces in worship, we are thankful for you.

ELDERS
CLASS OF 2024

Tom Harton Debbie Hoke **Pat Stout Lloyd Crain** Martha McDonald LaVonne Mitchell **Catherine Stauffer Julia Stauffer**

ELDERS CLASS OF 2027

Pam Brozan **Jackie Cox Sherry Guffey** Sheri Patterson Lana Wooden

CLASS OF 2024

Emily Vogel Deanna Byrd **Joyce Haibe** Donna Dent Reed **Kristin Swick Madeline Swick Toni Morris** Mary Rueff Gail McNierney

CLASS OF 2024

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BOARD OF DEACONS BOARD OF TRUSTEES ENDOWMENT BOARD CLASS OF 2024

Pat Stout TJ Hengst Will Rowan

CLASS OF 2027

Deanna Byrd Kristin Swick **Gary Conway Mary Conway Charlotte Swick**

BOARD OF DEACONS BOARD OF TRUSTEES ENDOWMENT BOARD CLASS OF 2027

Erika Hinshaw

CLASS OF 2027

Will Rowan **David Hansen** Scott Stroud



Living In

MANLEY'S IRISH MUTT

Fellowship Together

LIFT will be heading to Manley's Irish Mutt to enjoy good fellowship and dinner. Manley's Irish Mutt is located at 7041 E. 10th

Street, Indianapolis, 46219 (near Kroger). They are known for delicious sandwiches and pizza.

Mark your calendar for a fun evening of fellowship! We will gather on Monday, March 18th at 6:30 pm. Women of all ages are welcome and please feel free to invite a friend to join us – the more the merrier! We will be collecting feminine hygiene products for Westminster. Please let Shirley Sheeks (317-459-7929) or Kathy Moorhead (317-430-3402) know if you will be attending by Thursday, March 14th.

Jockamo Tasing Party Monday, February 19th











BIBLE STUDY OPPORTUNITIES



WOMEN'S BIBLE STUDY

Please join us the 3rd Thursday of each month at 10:30 a.m. in the Parlor for the Women's Bible study led by Rev. Wilson. Lunch to follow. All Are Welcome!

MEN'S BIBLE STUDY

Wednesday, March 6th and 20th at 10 a.m. in the parlor. If you have questions concerning this Men's study, please contact Steve Payne.

Finance Committee update on member contributions needed to support the work and ministry of IPC:

Budgeted through December:

\$320,000

Received through December:

\$296,420

Member Contribution YTD Gap:

(\$23,580)

Current YTD gap to eliminate budget deficit:

(\$59,364)

We are thankful for your contributions.

Your support of the ministries of IPC is essential.

Thank you for all you do for IPC!

IRVINGTON ECUMENICAL MISSION TRIP 2024

Where: Hosanna Industries, Gibsonia, PA https://www.hosannaindustries.org/

What: Maintenance and Repair on local homes, servicing a low-income community

Who: Adults and Youth (6th-12th grade)

When: July 7-July 11, 2024 Cost: \$150 per person

Transportation: IPC bus & Rented Vans if needed Registration Deadline is Sunday, March 31st

Hosanna Industries

FAQ'S

Do I have to have construction experience?

No, there are jobs for everyone no matter what your skill level is.

What do I need to bring with me?

You will need long pants that you can get dirty and boots to work in. Clothes to change into after the workday. Sleeping bag, or bedding, towels and other toiletry items. A suggested packing list will be provided at a later date.

Where will we sleep?

We will be sleeping in a dorm style facility with bunk beds.

What will we eat?

We will be fixing our own meals at the church each day so you will have some say in the menu. Normally breakfast is cereal, fruit, and yogurt. We will pack a lunch each day for the work site. Dinners are typically spaghetti or tacos or something like that.

What forms and authorization do we need?

Anyone 18 or over will need to complete a background check through identogo. More information on this to follow. Youth will need to have parents sign a waiver.

Steve Holzhausen 317-498-0426 steveholzhausen@gmail.com Mandy Holzhausen 317-498-0426 mandyholzhausen@gmail.com



Irvington Presbyterian Church

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JACK'S

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N E

SCARY MOVIES

The feelings that come from watching a scary movie, that queasy feeling, and the music just heightens that feeling. According to a 2012 study, these heart-

pounding moments can be good for your health. They tested 10 movies and half caused participants to burn at least 133 calories, more than the amount used up by a 140-pound adult on a brisk 30-minute walk. This is only a limited study, but the results are essentially valid. This is based on

human hard wiring that traces back to our ancestors, who had to fear monsters hiding in the night. Our

nervous system triggers the fight-or-flight response, which sends adrenaline into the

blood stream, diverts blood and oxygen to muscles, and kicks heart activity into high gear. So physical reactions to scary scenes deliver results to losing calories. There is nothing like a good old scary movie as a physical workout.

