

■ January 2023

ADVENT
AND
CHRISTMAS
PICTURES!

--Page 4



The
Irvington
Presbyterian Church
www.irvpresby.org
Est. 1906



From the IPC Staff

Mamun

Roni

Walt

Lori

Joe

Bob

Cory

Dear Presbyterians,

What a difference a year makes. Looking back at the growth and changes at IPC over the past year I can only say thank you to each of you. We have tried new things, taken on challenges, and served faithfully as a church in worship and in the community. As we step into 2023, I look forward to seeing what God has in store for us this year.

Mamie

LAST CALL FOR ADULT RETREAT!

Sign up for the IPC Adult Retreat January 27th- 29th at the Geneva Center. Led by Dr. Webb Parker sharing his knowledge and passion for music, it's not an opportunity to miss. Contact the Office to make a reservation. Cost is \$115.00 per person.

ANNUAL REPORTS

For Committee Chairs and other church leaders, please email your 2022 Annual Reports to Lori Chapman (lchapman@irvpresby.org) by January 16th.

PNC UPDATE

The PNC continues to receive Personal Information Forms (PIFs), which are similar to a resume, from potential candidates. The PNC members are reviewing the PIFs and additional information supplied by the candidates, such as videos of sermons, to discern the best candidates. The PNC anticipates that we will receive numerous PIF's.

Although there may not be much to report during this time, the PNC continues to work diligently as we review the PIF's received and begin to conduct interviews. Your continued prayers for the PNC and candidates are essential in this time of discernment.

The PNC will continue to update the congregation on the work of the PNC by the monthly IPC newsletters and the "Path to the Pulpit" posters outside of the sanctuary. The PNC includes the following individuals: Emily Digos, Lynda Dunlevy, Melissa Jester, David Hansen, Frank Hurdis, Kathy Moorhead, Sheri Patterson, Justin Stauffer and Patrick Wooden.



THANK YOU IPC, for your thoughtfulness in making Christmas just a bit brighter for our Eastside families! Westminster and the Mission Committee is grateful for what you did.



NEW HERE GATHERING

On January 22nd you are invited to come to the Parlor for refreshments, conversation and to learn about the history of the church right after church at 11:00AM. If you have been visiting and want to learn more, we would love to get to know you better. All ages welcome!



FELLOWSHIP & WHITE ELEPHANT BINGO

JANUARY 16TH, 2023

After the busyness of December, let us have an evening of fellowship and fun. We will be gathering

on Monday, January 16th at 6:30 p.m. in the parlor for "White Elephant" Bingo. Please bring a "prize" to add to the winner's gift table.

Women of all ages are welcome and please feel free to invite a friend to join us. Mark this date on your calendar for a fun evening of fellowship together. Please bring a snack or beverage to share. We will be collecting feminine hygiene products for Westminster. Contact Kathy Moorhead (317-430-3402) if you have any questions.

L.I.F.T. Christmas Celebration



YOUTH GROUP

In December the Youth celebrated the Christmas season by watching The Muppet's Christmas Carol and taking the church bus to see the Christmas light display at the Indiana State Fair grounds. The bus was full of youth singing loudly to Christmas songs, I think bus trips are becoming a favorite. We celebrated the New Year together at our New Year's Eve Eve lock in. We ate, laughed, played the Grogg and prayerfully set some goals for the coming year. A big thank you to Kevin and Kathy Moorhead for providing us with breakfast at the lock-in.

Lots more food, fun and faith is in the works for January!

JANUARY'S SCHEDULE

January 1st	NO YOUTH GROUP
January 8th	5:30-7:30
January 15th	5:30-7:30
January 22nd	5:30-7:30
January 29th	5:30-7:30

SAVE THE DATE:
SUMMER MISSION TRIP JULY 2-8



*IPC Youth New Year's Eve Eve
Lock-In 2022*

ADVENT AND CHRISTMAS RETROSPECTIVE





3B will continue to meet the 1st & 3rd Tuesdays of each month at 11:00 am Jan 3rd and Jan 17th.

If your New Year's Resolution is to get healthier and move more than 3B is the place for you!

Three benefits of chair yoga:

- **Boost Mood and Mental Well-Being**
- **Help Manage Chronic Conditions**
- **Reduce Chronic Pain**

"Beloved, I pray that all may go well with you and that you may be in good health, as it goes well with your soul." --3 John 1:2

SLICE OF LIFE

Come join us over a Slice of Life! On the 1st & 3rd Tuesdays of the month in the parlor at 12:30 pm. January 3rd & 17th in the New Year! The topics provide open discussions. Each session will have a different contemporary topic for discussion and how it relates to our faith. The topics are rich and thought provoking. Please call the office to RSVP if you plan to attend at 317-356-7225. Pizza will be provided by Jockamo Pizza. We will provide drinks. We are looking forward to seeing you for a Slice of Life!



WHAT ARE YOUR PRIORITIES FOR 2023?

I hope you had the Happiest of Holidays! As we now look forward to 2023 what have you set as a priority. My plan is to get more flexibility through exercise and get back to walking 10,000 steps a day. Well close on most days! What are your priorities for 2023 feel free to let me know at dharringtonipc@gmail.com. I would love to hear from you!

--Denise

ALZHEIMER'S SUPPORT GROUP

The Alzheimer's Support Groups is now in-person at 1:00 pm on the 2nd Tuesday of each month in the Parlor. These meetings support caregivers of person with a cognitive impairment diagnosis. The support groups are open to the public. Please check with Denise Harrington at dharringtonipc@gmail.com for the latest update.

Give all your worries and cares to God, for he cares about you. 1 Peter 5:7, Check out the following resources on Dementia and Alzheimer's. <https://www.dementiafriendsindiana.org/resources/>

And <https://www.alz.org/>

alzheimer's association®

THE SMOCK FOUNDATION RENEWED FUNDING!

News Flash News Flash!! The Smock Foundation has renewed funding for the Senior Ministry Position for 2023! This grant funds Denise Harrington's position.

Reminder: Denise can assist with all family matters, retirement planning, aging in place, caregiving support and COVID challenges to name a few areas. Feel free to contact Denise with any questions you may have at dharringtonipc@gmail.com or 317-509-7085.

BIBLE STUDIES

WOMEN'S

Please join us the 3rd Thursday of each month at 10:30 a.m. in the Parlor for the Women's Bible Study. This Bible study is led by Rev. Wilson. All are welcome!

MEN'S

Our Men's Bible Study meet the 1st and 3rd Wednesday of each month from 10-11:30 a.m. in the Parlor. All are welcome to attend. If you have questions about this group, please contact Steve Payne.

SEAL

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JACK'S O R N E R

Jack Simpson, IPC member, explores the archives for stories of the church, its past members and other bits of interesting information and lore.

HISTORY OF THE CHRISTMAS FRUITCAKE

This treat dates to ancient Egypt. Fruitcakes contain a mixture of fruits in dry form along with nuts and spices. Because of their rich flavor and denseness, they are normally consumed without icing. In ancient Egypt, people would leave them inside tombs of the departed. These cakes served as sustenance for the afterlife. In Roman times, soldiers would bring them into battle because they would last a long time without spoiling. It also has a claim as a modern energy bar. Moving to the Middle Ages, honey was used along with preserved fruit. During the 13th century, British fleets would bring back dried ingredients from Portugal. The late Middle Ages

the earliest version of a richer fruitcake like the "Scottish Black Bun" started. Because of its exotic ingredients it considered these desserts as luxuries for special occasions. During the Crusades, the six month's journey from England to the Holy Land, the Crusaders needed something to last. In the 1400's the Catholic church prohibited bakers from using butter during Advent. It lasted until five popes after Nicholas V that lifted the ban. Queen Victoria started the practice of using fruitcake as a wedding cake. Fruitcakes last a long time due to its high sugar content. Alcohol also helps shelf life.



Scottish Black Bun